



**Notes**

**Collaboration Meeting Group**

Tuesday, July 19, 2022

2:00-3:30 pm

TEAMS

**Present**

<u>Name</u>	<u>Organization</u>
Mayra Jeffery	PCHD
Christopher Thomas	
Elizabeth Stamm	PCHD
Kristen Lindberg	The Haven
Sara Lind	
Mark Person	
Sonie Lee	
Kevin Hall	
Kimberly Wang	PCHD
Dedra Clark-McGee	PCHD
Arisia Lee	PCHD
Cynthia Beckett	PCHD
Leah Morales	PCHD
Andrew Moore	PCHD
Hollie Watson-Smith	PCHD
Wanda Winningham	Frontera-HOPE Center
Alex Fernandez	CODAC
April Guzman	AzCH-CCP Arizona Complete Health
Christina Saxton-Valdez	Arizona Complete Health
Amanda Williams	CODAC
Sara Lind	
Claudia Adams	AzCH-CCP (Arizona Complete Health)
Shawn Wooll	CODAC
Danielle Vince	Arizona Complete Health-Complete Care Plan
Kevin Hall	Tucson Police Department
Taiwan Savage	
Naomi Vega	Enlightening Hope Project
Raul Munoz	PCHD
Monecia Hill	Regional Director CMS
Joanne Martin	PCHD
Dan Barden	CODAC
Kristen Lindberg	The Haven

**Welcome/Overview of Today's Meeting**

- Alex Fernandez, CODAC

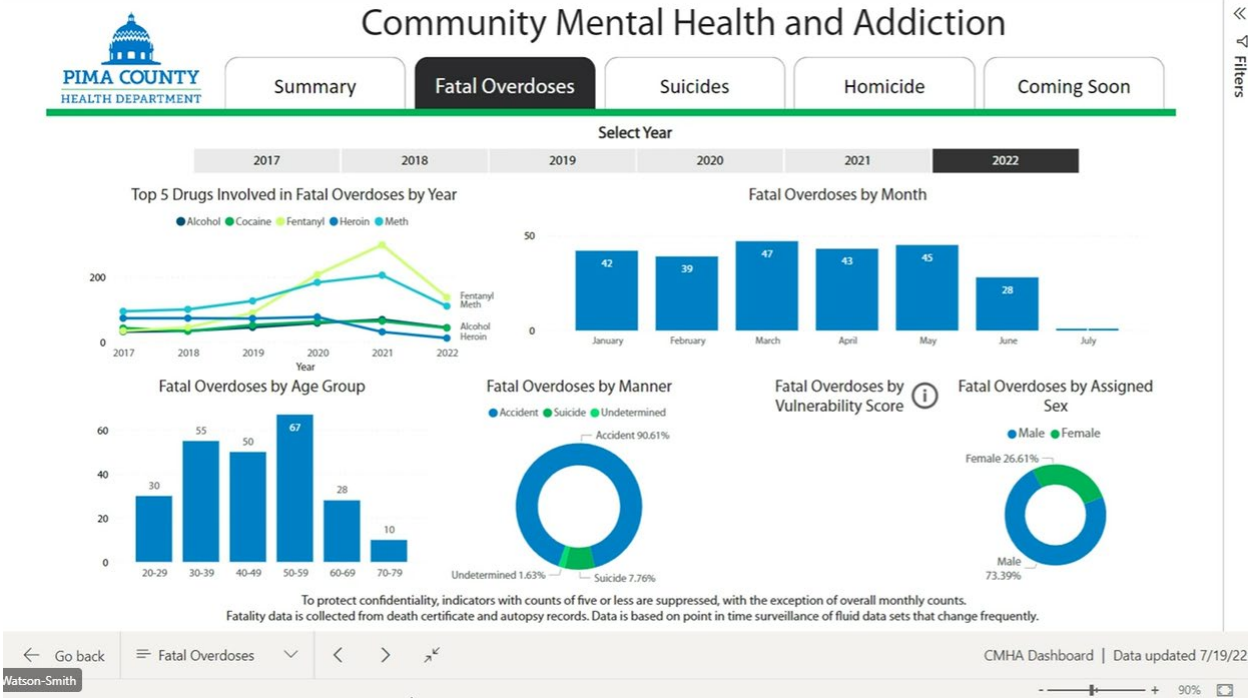
### SUD Updates

- AZ Complete Health: April Guzman
  - State Opioid Response Grant ends Sept 29<sup>th</sup>, 2022
    - Funds are available for those who don't qualify for ACCHHS
  - Covid 19 Suicide Prevention grant ended
  - Covid 19 COPE grant is still available for those affected by Covid

### Data Sharing

- Hollie Watson-Smith, PCHD or Mark Person, PCHD





- Fatal overdoses for the year (2022) 245.
  - 45 in May
  - 28 in June (so far)
- The relative projection of fatal overdoses for the year is 504
  - This is more than past years, but not as high as previous years
- Overdose Death since 2017 **2096**



- Suicide death since 2017 **1270**
- Homicide death since 2017 **486**
- Narran kits distributed since 2019 **15K**
- Fentanyl is the leading contributor of fatal overdoses at 137. More than half of all overdose deaths involve fentanyl.
- 50-59 year-olds has the highest number of fatal overdoses
  - This has not always been the case
  - We are seeing an increase in intentional overdoses in this population
  - This is becoming more common in people over 50 years old
- Top five drugs involved in fatal overdoses in the last 5 years
  - Alcohol
  - Cocaine
  - Fentanyl
  - Heroin
  - Meth
- Top three fatal overdoses by age group
  - 50-59 (67)
  - 0-39 (55)
  - 40-49 (50)
- Fatal overdoses by sex: Male 73.39 % female 26.6 %
- The Community and Mental health Program plans to make the data shared with the group available in the future via a public facing dashboard. Currently working on a data sharing agreement.
- State opioid dashboard is available, has more local statistics then before: [ADHS - Opioid Prevention - Opioid Overdose Deaths \(azdhs.gov\)](https://www.azdhs.gov/opioid/#dashboards-nonfatal-overdoses)  
<https://www.azdhs.gov/opioid/#dashboards-nonfatal-overdoses>
- The information on this dashboard is not as robust concerning information in Pima County
- The vulnerability score is a cumulative score of social vulnerability. It incorporates different metrics like unemployment, # of uninsured, language spoken. It looks at census tracts and not zip codes, which makes population numbers equal.
- A higher vulnerability score corresponds to a higher social vulnerability (for example, higher poverty and more housing insecurity)
- A lower vulnerability score corresponds to lower social vulnerability (for example, higher education level and higher income level)
- Increased social vulnerability means more overdose deaths
  - So social vulnerability scores of 3 & 4 equals higher deaths

#### **Action Plan: Review Root Causes of Top Items o Address, Finalizing Issue to Address, Goal**

- Arisia Lee, PCHD
  - The goal ideas from the previous meeting were narrowed down and finalized.



**GOAL**

GOAL IDEAS?

3000 words on drug rehab, one day per every year

2000 words on drug rehab, one day per every year

**DEFINITION:** A goal is an achievable outcome that is broad. Goals provide the general direction. More qualitative than quantitative. No measurement.  
 -Broad  
 -Long Term  
 -Achievable

**EXAMPLE 1:** Make XYZ medical device the preferred device of cardiac physicians in diagnosing and treating heart conditions.  
**EXAMPLE 2:** Increase postvention knowledge and services to decrease deaths of despair.

Education and outreach to people with sud yes homeless

showing through peer support hope is not lost can be realized

Education is key

**ROOT CAUSES**

Hard to open those old memories (that is why they are using in the first place)

because they do not understand the biology of addiction

**ISSUE TO ADDRESS**

Stigma and Discrimination around substance use disorders

**FINAL GOAL**

Increase education around family centered approaches to treatment to reduce stigma around substance use disorder

Vote on the final goal by moving one check mark to your top choice

**Goal(s)**

**Round 1**

A	Increase education around family-centered approaches to treatment to reduce stigma around substance use disorders	✓	✓	✓	✓	✓
B	Increase positive teen programs that address stigma and discrimination to decrease substance misuse	✓	✓	✓	✓	✓

- The definition of an objective was given. Two objective examples were given and dissected to see if they were SMART Objectives.

**ROOT CAUSES**

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because they do not understand the biology of addiction

**ISSUE TO ADDRESS**

Stigma and discrimination around substance use disorders

**FINAL GOAL**

Increase education around family centered approaches to treatment to reduce stigma around substance use disorder

**OBJECTIVE**

**DEFINITION:** Defines measurable outcomes to achieve an overall goal. Defines how much improvement will take place in the form of an increasing or decreasing statistic.

- Deliverable
- Shorter term
- Measurable
- S.M.A.R.T (specific, measurable, attainable, relevant, time-based)

**EXAMPLE 1:** By December of 2022, the Together 2 End Diabetes group will implement 1 strategy to increase educational opportunities for residents of Pima County with type 2 diabetes.

**EXAMPLE 2:** Increase postvention messaging by 20% in the following 10 organizations by December 31, 2021.

- An Objective formula was shared with the group and another objective example was given using the objective formula. The group then generated objective ideas.

## OBJECTIVE FORMULA

\_(Who)\_ will Increase/Decrease\_(What)\_by\_(How)\_by\_(When)\_

Who = XYZ Task Force

What = increase postvention messaging by 20%

When = December 31, 2022

How = displaying postvention information on 10 billboards around Tucson

The XYZ Task Force will increase postvention messaging by 20% by displaying postvention information on 10 billboards around Tucson by December 31, 2022

Narrow Down to 3 Objectives

\*You have two green thumbs up to use and two red thumbs down to use

\*They may be used on the same objective or two separate objectives

\*The three objectives with the highest amount of green thumbs up will be moved to the decision-making phase

## FINAL GOAL

Increase education around family centered approaches to treatment to reduce stigma around substance use disorder

It was proposed that the final goal be split into the following 2 goals

Reduce stigma around substance use disorder	Increase education around family centered approaches to treatment
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Collaboration Meeting Group Who teens and families. What-increase family centered substance abuse support services by 30% by December 31st. Offering free family classes for teens who have been caught

Also good idea for system partners to address stigma in their roles but the measurement would need to come from those agencies

Collaboration Meeting Group will increase referrals and enrollment to MAT services of pregnant parents who are using substances by 10% by July 31, 2023 by increasing education to OB/GYN and PCP providers and the

The collaboration group will increase outreach and messaging that prioritizes family unity by emphasizing treatment and support to parents who use substances in order to decrease risk factors that lead

Collaboration meeting group will provide Education on the biology of addiction at agencies that provide services to address SUD upon intake and ongoing

## Objective Ideas?

add ideas to sticky notes, one idea per sticky click on the sticky, move it, and start typing

\*Yellow stickies are one continuous objective idea

Collaboration Meeting Group Development/Planning group develops training template (6 months) to be delivered to participating service providers to implement as a component of

Pre and post survey administration to gauge level of perceived stigmatization by the family member/loved one. Lickert scale grading with a target of 25% reduction in stigmatization post training.

Will require academic input for the validity of survey content and grading. Could be evaluated for effectiveness of training

The objective will be narrowed down and finalized during next month's meeting

## Wrap Up

- Alex Fernandez, CODAC
- Please do not forget the community event:
  - Overdose Awareness Day Community Event is Sunday August 28t
    - It is something we can be aware of and join.
    - Join us as we honor those who have lost their battle, support those still fighting, admire all survivors and spread the message that the tragedy of overdoses death is preventable.
    - International Overdose Awareness Day is a global event held on August 31 of each year to aims to raise awareness of overdose and reduce the stigma of drug-related death.





# Overdose Awareness Day Community Event



Sunday, August 28<sup>th</sup> 4 - 7 pm

Marymar Events, 2264 E Benson Hwy Tucson, AZ 85714

International Overdose Awareness Day is a global event held on August 31st each year and aims to raise awareness of overdose and reduce the stigma of a drug-related death.

Join us as we honor those who have lost their battle, support those still fighting, admire all survivors and spread the message that the tragedy of overdose death is preventable.



**Guest Speakers**  
**Memory Tree Lighting Ceremony**  
**Food from Local Vendors\***  
**Community Agency Resources**



*\*Vegan options will be available*

For questions, contact Naomi at [naemi.yago@enlighteningbeyondproject.com](mailto:naemi.yago@enlighteningbeyondproject.com)

- Thank you everyone
- Making good progress
- New folks with new eyes and energy
- Received good objectives
- Many new ideas
- Lots to work with
- Mayra, PCHD
  - PCHD now has fentanyl testing kits
    - These testing kits have a swab and come with a cassette. It is good for someone who is out in the community for harm reduction. No other supplies are needed.
    - If anyone needs a fentanyl or Narcan testing kit contact: [CMHA@pima.gov](mailto:CMHA@pima.gov)

**Meeting ended 3:07**

**Next Meeting**

August 16<sup>th</sup>, 2022 2:00-3:30, Teams



Data Sharing

Action Plan: Policy Recommendations, Activities