

# Southern Chapter of the Arizona Falls Prevention Coalition

Falls are the leading cause of unintentional injury-related hospitalizations, emergency department visits, and deaths among Arizona citizens 65 and older.

Join us at one of several **FREE** events to learn more about how to prevent falls! Presentations and resources at each location may include:

- Osteoporosis and fragility fractures
- Proper use of assistive devices
- Dementia: stages, types, and symptoms
- Safety/mobility equipment
- Fall risk assessment

### September 5, 9-11:30 AM

Golder Ranch Fire District Training Building 3845 E Golder Ranch Dr, Tucson 85739

#### September 7, 9-11:30 AM

Jewish Community Center 3800 E River Road, Tucson 85718

#### September 13, 9-11:30 AM

Ellie Towne Flowing Wells Community Center 1660 W Ruthrauff Rd, Tucson 85705

#### September 14, 2-4:30 PM

Banner University Medical Center Kiewit Auditorium 1515 N Campbell Ave, Tucson 85724



- Fracture risk assessment
- Audiology
- Foot screenings and diabetes management information
- Program demonstrations and sign-ups

#### September 17, 9-2:30 PM

Santa Cruz Caregiver Education and Fall Prevention Conference Quality Hotel Americana 639 N Grand Ave, Nogales 85621 *Registration Required* 

#### September 18, 9-11:30 AM

No Falls Fair TMC for Seniors 1400 N Wilmot Rd, Tucson 85712 *Registration Required* 

#### September 21, 9-11:30 AM

El Pueblo Activity Center Multipurpose Room 101 W Irvington Rd,Tucson 85714

#### September 24, 9-12:00 PM

Stay Vertical Fall Prevention Day Valley Presbyterian Church 2800 S Camino Del Sol Green Valley 85622

For more information visit www.healthypima.com/falls

## **Coalition Partners**

Adult Protective Services Arizona Cancer Center Arizona Hospital and HealthCare Association **Banner Fracture Liaison Service Banner University Health Plans Banner University Medical Center** Carondelet St. Joseph's Hospital Community Home Repair Projects of Arizona **Drexel Fire District** Fl Rio Health **Encompass Health Rehabilitation Hospitals** Golder Ranch Fire District Green Valley Fire District Interfaith Community Services Jewish Family and Children's Services Pima Council on Aging Pima County Health Department **Rincon Valley Fire District Rio Rico Medical Fire District** Southeastern Arizona Governments Organization Tai Chi for Health **Tucson Fire Department Tucson Medical Center** U of A Arthritis Center U of A Center for Rural Health U of A Center on Aging U of A College of Medicine- Surgery U of A College of Nursing Valley Assistance Services



For more information visit www.healthypima.com/falls