



June 2023

Welcome to the Healthy Pima Newsletter!

This newsletter aims to provide ways to get involved in the community, learn about Healthy Pima workgroups, and share upcoming community events and trainings.

We Want to Include YOU in the Next Newsletter

Share program highlights, or let us know if you need collaborators and we'll include it in the next newsletter.

Email us at **Healthy Pima**

Healthy Pima action groups used the results of Pima County's 2021 Community Health Needs Assessment to develop action plans to address the county's four priority health needs:

- Mental & Behavioral Health-
- Substance Use Disorder-
- Social Determinants of Health-
- Access to Care-

We will implement goals, objectives, strategies, and activities over the next two years to improve community health.

News From the Steering Committee

We are officially closing the application process, but if you are interested in

servicing, Healthy Pima is looking for people to join the Access to Care and Social Determinants of Health workgroups, and are looking for representatives for all workgroups from each of the 5 districts.

If interested, contact our Healthy Pima Lead, **Dedra Clark-McGee**, Special Staff Assistant Senior, Special Projects.

[Contact Dedra](#)

Mental & Behavioral Health

Pima County Suicide Prevention Task Force

Healthy Pima partnered with the Pima County Suicide Prevention Task Force, led by Arizona Complete Health, to coordinate action with community collaborators around suicide prevention and postvention efforts.



The group meets **quarterly** via **ZOOM** on the 4th Tuesday of the month.

The next meeting is Tuesday, **July 25** from 3-4 p.m.

Please contact Julie Mack at JUMACK@azcompletehealth.com for meeting information.

QPR Gatekeeper Training for Suicide Prevention



This 1-2 hour evidence-based training is designed to teach "gatekeepers" how to respond to the warning signs of a suicide crisis. Gatekeepers are anyone strategically positioned to recognize and refer someone at risk of suicide such as parents, friends, neighbors, teachers, coaches, caseworkers, or police officers. Gatekeepers are certified for 2 years following this training.

Date: Tuesday, June 20

Time: 5:30-7:30 p.m.

Reserve a Spot for the Training

Substance Use Disorder

CODAC Collaboration Meeting Group

Healthy Pima partnered with the CODAC Collaboration Meeting Group, led by CODAC, to increase substance misuse services for residents of Pima County.



The group meets virtually via **TEAMS** on the **4th Tuesday** of each month.

The next meeting is Tuesday, **June 27** from **2-3:30 p.m.**

Please contact Alex Fernandez at nfernandez@codac.org for meeting information.

Public Virtual Narcan Training



Join the Pima County Health Department's Community Mental Health and Addiction team for a free virtual Narcan training! Attendees will learn about current local overdose trends, the dangers of illicit fentanyl, how to test drugs for the presence of fentanyl, and how to respond to an opioid overdose using nasal Narcan spray.

Date: Thursday, June 1
Time: 1-2 p.m.

Reserve a Spot for the Training

Presentation on the Rise of Fentanyl in Arizona

The Rise of Fentanyl in Arizona

From Understanding to Action



Substance Abuse
Coalition Leaders
of Arizona

This one hour presentation discusses the fentanyl epidemic in Pima County. Presenters educate audiences about what fentanyl is, and the driving forces behind the rapid increase in overdoses and deaths. Risk factors, prevention methods, and resources will be shared so that we can come together as a community to prevent use and save lives.

Date: Thursday, June 8

Time: 2-3 p.m.

Reserve a Spot for the Presentation

Refer to CODAC's Transitional Living Program for Pregnant & Postpartum Women and Their Children



Pregnant, postpartum and parenting women with substance misuse disorders now have access to a beautiful sober living community.

- **Safe, sober transitional living program for women & their children****
- **Best-practice substance misuse treatment on-site, in-clinic & virtually****
- **Members have access to CODAC's array of substance misuse treatment options to meet their specific needs****

Referrals are welcome from:
MEDICAL PROFESSIONALS
MENTAL HEALTH PROFESSIONALS
DCS

JUDGES & ATTORNEYS
PROBATION OFFICERS
OTHER CRIMINAL JUSTICE SYSTEM PROFESSIONALS

Access to all services is dependent on insurance or grant eligibility. CODAC's Benefits Eligibility Specialists will gladly meet with individuals to discuss benefits available through insurance and current grants.

Call: 520.343.5342

Email: PPWHouse@codac.org

[Click Here for More Information](#)

Community Information

Do You Live or Know Someone Who Lives in the Neighborhood Region of LA DOCE?



Share your input and discuss the needs of your community. The AzPRC will facilitate two events, one in-person at **El Pueblo Community Center** and one-remotely via zoom. **The first 25 participants who register and attend either event will receive a \$25 gift card.**

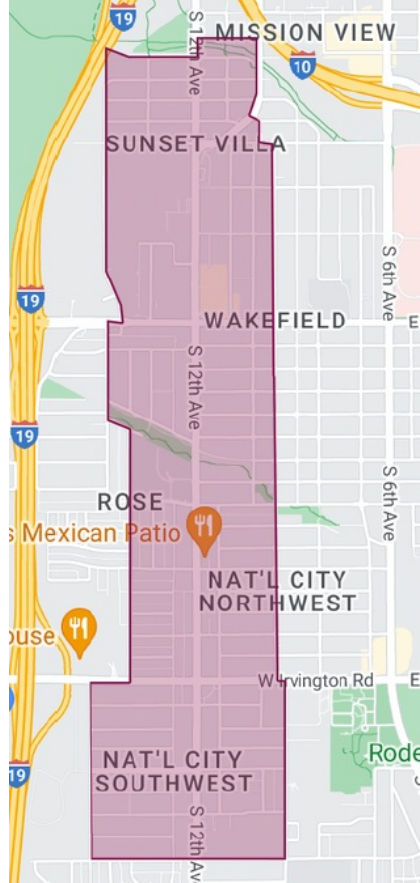
TWO WAYS TO PARTICIPATE

In-Person

Date: Thursday, June 6
Time: 4:30-6:30 p.m.
Location: 101 W. Irvington Rd., Bldg. 13 (multipurpose room)

Virtual

Date: Thursday, June 5
Time: 5:30-6:30 p.m.
Location: ZOOM



[To Participate Register Here](#)

Do You Live or Know Someone Who Lives in the Neighborhood Region of THRIVE IN THE 05?

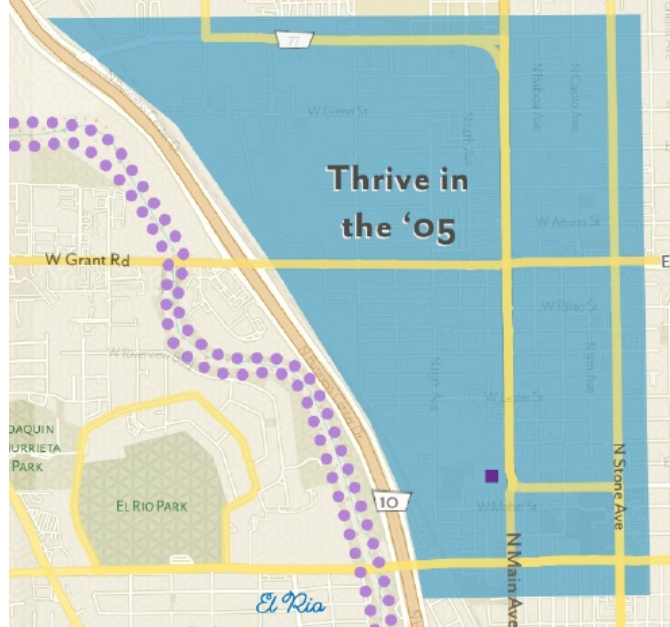


Share your input and discuss the needs of your community. The AzPRC will facilitate two events, one in-person at Donna Liggin's Center and one-remotely via zoom. **The first 25 participants who register and attend either event will receive a \$25 gift card.**

TWO WAYS TO PARTICIPATE

In-Person
Date: Thursday, June 1
Time: 4:30-6:30 p.m.
Location: 2106 N. 6th Ave, Tucson 85705

Virtual
Date: Thursday, June 7
Time: 5:30-6:30 p.m.
Location: ZOOM



[To Participate Register Here](#)

Join the Catalyzing Communities Learning Collaborative to Learn about Helping Families and Communities Overcome Barriers to Eating Well



**Catalyzing
Communities**
A ChildObesity180 Initiative

Join this informative presentation from Dr. Nimali Fernando, a pediatrician who created the Dr. Yum Project. The Dr. Yum Project is designed to help families and communities overcome barriers to eating well, including “FASTER” (Finances, Access, Support, Time, Education, Resources) and the importance of culturally relevant, multi-generational change. The presentation will include time for a Q and A with the audience.

Date: Thursday, June 22
Time: 2:00-3:00 p.m.

[Click Here to Register](#)

Summer Food Service Program



All summer Arizona Health Zone is serving free meals to everyone 18 years and younger.

****All children and teens 18 years of age and younger can participate****

****All meals served are FREE to any participant****

****Some sites offer low-cost meals for parents and caregivers****

****Summer meals ensures that kids & teens get healthy meals****

****No sign-up or registration is required to participate****

****Students don't need to be enrolled or attending open school sites to participate****

[Click Here to Find Locations of Free Meals](#)



[Visit our Website](#)



Pima County Health Department | 3950 S. Country Club Road, Tucson, AZ 85714

[Unsubscribe arisia.lee@pima.gov](mailto:unsubscribe.arisia.lee@pima.gov)

[Update Profile](#) | [Constant Contact Data Notice](#)

Sent by healthypima@pima.gov in collaboration with



Try email marketing for free today!