Healthy Pima Newsletter

ISSUE #06
November 1, 2018

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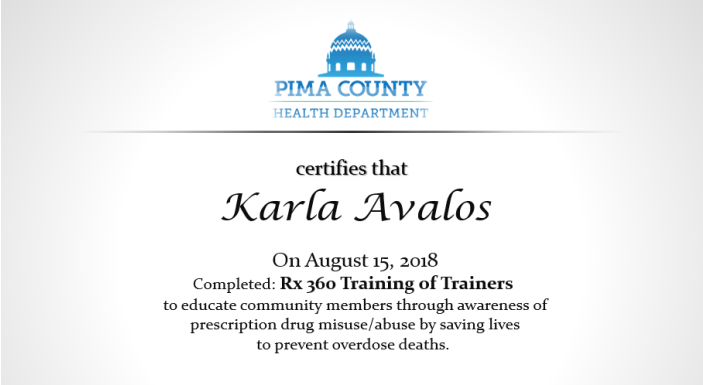
Action Group Highlights

The Substance Misuse and Mental Health Alliance Community Awareness Task Force is delivering early substance misuse intervention and prevention to students, families and community members across Pima County. The coalition trained its members on how to deliver the Rx 360 curriculum and is now hosting free community trainings throughout the Pima County region.



PIMA COUNTY
HEALTH DEPARTMENT

certifies that

Karla Avalos

On August 15, 2018
Completed: **Rx 360 Training of Trainers**
to educate community members through awareness of prescription drug misuse/abuse by saving lives to prevent overdose deaths.

The Task Force is seeking additional community partners to provide presentations to the public. Interested individuals are encouraged to e-mail us at: healthypima@pima.gov for more details. Additionally, please contact us to request a FREE presentation for your organization, school or congregate on substance misuse in Arizona and steps we can take to combat it.

The Task Force has also partnered with all Pima County public libraries to provide free deterra bags to the public. If your organization works with vulnerable or at-risk clients who could benefit from the use of deterra bags, please call or e-mail Raul Munoz for more information: Raul.Munoz@pima.gov or 520-724-7973.

Healthy Pima News

Community Health Needs Assessment Forum

The Community Health Needs Assessment (CHNA) Advisory Team hosted its first community forum in September to create a list of the county's most pressing health needs. Building off the first forum, the second forum will be to rank and select the top health priorities for the county. The second forum will be held on **November 30th from 9-11 am at Abrams Public Health Center**. Register here.

Additionally, you can help identify our county's upcoming health priorities by completing and sharing this brief survey that covers the discussion topics of both forums:

Support Pima County Blackout Tobacco

Healthy Pima is supporting Pima County's Black Out Tobacco Campaign on November 15 by encouraging the public to quit tobacco - for good. Join us by wearing a **black t-shirt**, snapping a photo, and posting it to social media using the hashtag: ***#blackouttobacco.***

Want **free Black Out swag and posters** for yourself, your school, or your organization? E-mail or call Andrea at Andrea.Garcia@pima.gov or 520-724-7735 for more details!

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2020 Census Training

Be informed and ready to take action! The 2020 Census is coming. Attend a free presentation with Mary Carter, Partnerships & Development Director from Pima Association of Governments on **December 4th at 12pm at Abrams**. Learn about the preparation and how the execution will impact you, your clients, regional funding, and our community.

Click here for more info and then register here.

Community Events

Transportation's Impact on Affordable Housing

November 15 2018 at 12:00 PM | More Information

- Free lecture on how planning for affordable housing is challenged by development policies that assess transportation impact.

Tucson Interfaith Summit

November 8, 2018 at 10:00 AM | Registration

- Free summit on the intersection of faith and LGBTQ inclusion.

Certified Trauma Support Specialist Training

November 6 & 7, 2018 at 9:00 AM | Registration

- Free training for non-clinical professionals who care for people experiencing trauma & adversity.

Mental Health First Aid for Adults

November 12, 2018 at 9:00 AM | Registration

- Free 8-hour training for adults who regularly interact with adolescents.

Trafficking 101 for Medical Providers

November 26, 2018 at 9:00 AM | Registration

- Free training on how to identify and help patients who may be victims of sex trafficking.

Senior Safety Academy

January & February, 2018 at 9:00 AM | Registration

- Free 4-session classes on fire safety skills, fall prevention, balance techniques and health tips.

Upcoming Webinars

The Role of Technology in Solving the Opioid Crisis

Wednesday, November 7, 2018 | Registration

- Webinar on state of the opioid epidemic in healthcare.

Population Health - From Strategies to Solutions

Thursday, November 8, 2018 | Registration

- Webinar on three uncommon strategies for mobilizing a community to solve problems.

Diabetes Prevention Program Webinar Series

Thursday, November 8, 2018 | Registration

- Webinar on six grantees' experience implementing the program. 1.5 ACCME credit available.

Gaining Project Support from Your Team, Elected Officials, and the Public

Wednesday, November 14, 2018 | Registration

- Webinar on strategies and tactics to gain support, and keys to presenting ideas effectively.

Combating the Opioid Crisis: Addressing Stigma

Thursday, November 15, 2018 | Registration

- Webinar on the effect of stigma and actions health professionals can take to reduce it.

How School Buildings Influence Student Health

Thursday, November 29, 2018 | Registration

- Webinar on school aspects that promote health including tools and strategies for healthy schools.