



**Substance Misuse and Mental Health Alliance  
Referral and Treatment Task Force  
Meeting Minutes – May 7, 2019  
3:00-4:30 PM  
CODAC, 380 E. Ft. Lowell Rd.**

**In Attendance**

Alexis Spalla, Burning Tree West	Kaye Godbey, University of Arizona, Campus Health
Brian Thompson, Tucson Fire Department	Lina Trujillo, Cenpatico
Bryanda Acuña, CODAC	Malika Tazi, CODAC
Chris Ciarvella, Tucson Police Department	Miranda Gali, La Frontera
Chris Thomas, Sonoran Prevention Works	Monique Garcia, Sonoran Prevention Works
Chris Wildblood, Tucson Police Department	Nic Cogdall, Pima County Health Department
Dane Binder, Community Bridges Inc.	Rachel Cummings, Pima County Health Department
Daniel Barajas, CODAC	Raul Munoz, Pima County Health Department
Dayle Monnison, Community Health Associates	Robert Wild, City of Tucson
De Anna Barber, Catholic Community Services	Rudy Trinidad, Community Bridges
Debbie Krueger, Community Provider of Enrichment Services	Sonie Lee, Acadia - Treatment Placement
Enrique Pelayo, Sonoran Prevention Works	Steve Lee, CODAC
Ismael Solis, HOPE, Inc.	Tamara Sargus, University of Arizona
James Briseno, Community Health Associates	Victor Hightower, Gospel Rescue Mission

**Welcome and Introductions**

Steve Lee, CODAC, welcomed everyone in attendance and a round table of introductions was completed. Steve informed the group that the Healthy Pima Referral and Treatment action group will be joining the CODAC Collaboration meetings. Nic Cogdall, Pima County Health Department, provided the group with an overview of Healthy Pima, Pima County's community-based health improvement planning initiative, which works to address the community health priorities. Healthy Pima's Referral and Treatment action group aligns very closely with work of the CODAC Collaboration and it was decided that both groups should join together to work on their shared goals.

**Pima Helpline Update**

One of the key items that the Referral and Treatment group has been working on has been the Pima Helpline website. Rachel Cummings, Pima County Health Department, provided the group with an overview of the website, which serves as a resource for helping individuals in Pima County find support, treatment, and information on substance misuse, addiction, and behavioral health options in Southern Arizona. This includes numbers for crisis hotlines, locations of service providers, and an information repository. The website is slated to be launched in June and Rachel asked the group for feedback on some branding for the website. Specifically, Rachel asked the group for feedback on a tagline for the website, which will summarize the services provided on the Pima Helpline website. Forms with example taglines were shared with the group in attendance and the votes were collected.

Organizations that have not yet been included in the website have been asked to provide their contact information, services provided, and logo to Rachel Cummings at [Rachel.Cummings@pima.gov](mailto:Rachel.Cummings@pima.gov).

**Report Development**

Mark Person, Pima County Health Department, provided an update on a consolidated report on prescription drug overdoses in Pima County. In order to ensure that the report is providing information that is relevant to the community, Mark asked the group in attendance for their feedback on specific metrics and data sets that will be used to develop the report. These include type of drugs involved in overdose cases, time and location, and information about the individuals involved in the overdose. The aim for this feedback is to identify and address any gaps in knowledge prior to the development of the report. The group was given a brief survey to provide feedback on key metrics and how relevant



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they are to the work that is being done in the community. The survey was collected and the feedback will be integrated into the report.

**Success Story**

Jacob spoke to the group detailing his experiences with substance misuse and recovery. This included how he began experimenting with substances, his experience with law enforcement and incarceration, and how he ultimately entered recovery. The group was invited to ask questions and the Jacob noted that medically assisted treatment, family supports, and exercise were all critical to his path to recovery. When asked what would have prevented incarceration, the Jacob noted that not seeking treatment initially and pain management issues as a result of injury were key factors. Additionally, the increased availability of naloxone and needle exchanges as well as deflection would have been instrumental in recovery early on.

**Updates**

The group in attendance provided updates on community events, these include:

- Arizona Complete Health will be hosting an ECHO clinic on May 21<sup>st</sup> on Spinal Cord Injury via webinar at 12:00pm. Please contact Lina Trujillo at [Lina.O.Trujillo@azcompletehealth.com](mailto:Lina.O.Trujillo@azcompletehealth.com) for more information.
- Community Bridges Inc. is developing a training in partnership with Pima County Health Department focusing on rural communities in Southern Arizona and is interested in learning about what information needs to be provided.
- COPE has finalized their MOU with Banner and is working with Carondelet to improve access to naloxone. Currently, producers will only ship to one location and as a result, agencies will need to set up their own distribution in the community.
- Tucson Police Department's Mental Health Support Team is looking to collaborate with community partners, particularly those that can offer resources related to career building and housing services.
- Gospel Rescue Mission will be opening their Center of Opportunity will be opening to the public on May 18<sup>th</sup>, located at 4550 S Palo Verde Rd, Tucson, AZ 85714.

**Next Task Force Meeting**

**Referral and Treatment Task Force**

**Date:** Tuesday, June 11<sup>th</sup>, 2019

**Time:** 3:00-4:30 pm

**Location:** CODAC, 380 E. Ft. Lowell Rd.

**Adjourn**