



**Substance Misuse and Mental Health Alliance
Referral and Treatment Task Force
Meeting Minutes – January 23, 2019
10:00-11:00 AM
Abrams Public Health Center Room 1106**

In Attendance

Andrea Garcia, Pima County Health Department	Mary Massman, Center for Behavioral Health
Armando Moreno, COPE Community Services, Inc.	Melissa Shafer, Carondelet
Charlotte Smith, Pima County Health Department	Melvin McGowan, Pima County Health Department
David Sanders, Pima County Adult Probation	Miranda Gali, La Frontera
Debbie Krueger, Connections AZ, Inc.	Monique Garcia, Southern Arizona AIDS Foundation
Gertha Sicobo, Pima Council on Aging	Nicholas Cogdall, Pima County Health Department
Kate Meyer, PPEP Inc.	Paul Giordomo, Community Medical Services
Leigh-Anne Andre, Connections AZ, Inc.	Rachel Cummings, Pima County Health Department
Liana Condello, The Haven	Sally Holcomb, Arizona Complete Health
Lina Trujillo, Arizona Complete Health	Sam Kirschbaum, HOPE Inc.
Linda Leatherman, Com. Dev. and Neighborhood Conserve.	Steve Nash, Tucson Osteopathic Medical Foundation
Lindsey Everette, Connections AZ, Inc.	Tania Long, Arizona Complete Health
Maggie Myers, Marana Prevention Alliance	Zoe Smith, Tucson Medical Center

Welcome and Introductions

Nic Cogdall, Pima County Health Department, welcomed everyone in attendance, provided a brief overview of the Healthy Pima Substance Misuse and Mental Health Alliance including the work of the Community Awareness, Medical Practice, and Referral & Treatment task forces, and introduced the co-leads for each task force.

Presentation from The Haven

Cynthia Potter and Liana Condello from The Haven provided the group with a presentation on The Haven's Neurobiology of Substance Use Disorder model, which examines the relationship between trauma and substance misuse from a biological perspective. Cynthia shared information on how adverse childhood experiences (ACEs) impact brain development and how stress is processed. As the person develops, different traumas develop upon one another and the individual seeks out ways to address their pain, which can oftentimes result in a feedback loop of pain, depression, and substance misuse. The Haven's model changes the way substance use disorder is treated by developing trusting relationships, addressing biological stressors, and teaching coping mechanisms, all in an effort to reframe and release trauma, validate experiences, and support treatment.

Liana presented on how the model was implemented by The Haven and integrated into their clinical operations. This required working with frontline staff, understanding their beliefs, and engaging them to bring about a broader, system-wide change. This included education on the model, changing the verbiage, and translating the curriculum to develop a comprehensive approach to health service delivery.

General Updates

Nic Cogdall thanked everyone for attending and invited the attendees to participate in the Healthy Pima Substance Misuse and Mental Health Alliance. He provided a brief overview of each task force and provide the group with the time, date, and location of each of the upcoming taskforce meetings in February. If anyone is interested in joining Healthy Pima, please visit www.HealthyPima.org for more information.



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Next Task Force Meeting

Medical Practice Task Force Meeting

Date: Friday, February 15, 2019

Time: 3-4 pm

Location: Tucson Osteopathic Medical Foundation (3182 N Swan Rd, Tucson, AZ 85712)

Room: Board Room

Community Awareness Task Force

Date: Wednesday, February 20, 2019

Time: 2-3 pm

Location: Abrams Public Health Center (3950 S. Country Club Rd, Tucson, AZ 85714)

Room: 1104

Referral and Treatment Task Force

Date: Wednesday, February 27, 2019

Time: 10-11 am

Location: Abrams Public Health Center (3950 S. Country Club Rd, Tucson, AZ 85714)

Room: 1106

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